

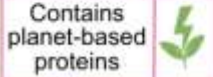
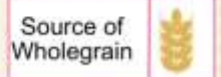


	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Mexican Vegetable Quesadilla with Warm Nachos (V)	Chilli Con Carne with Yucatean Rice	Roast Gammon, Gravy & Roasties	Paprika Chicken & Sri Lankan Dhal with Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips Or Grilled Sausage (2) & Chips
MEAT FREE	Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (ve)	Chilli Sin Carne with Yucatean Rice (ve)	Roast Quorn, Gravy & Roasties	Roasted Coriander Aubergine & Sri Lankan Dahl with Steamed Mixed Rice (ve)	Cheese & Tomato Pizza & Chips
	Broccoli, Baked Beans, Rice	Fajita Roasted Sweetcorn & Peppers, Baked Beans	Country Mixed Vegetables, Baked Beans	Baked Beans, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans
HOT PUDS	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day





	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Tomato 'Pizza' Macaroni Cheese (V)	Mexican Beef Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa	Moroccan Chicken Tagine & Fluffy Couscous	Korean Sweet & Sour Chicken with Steamed Rice	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Nuggets & Chips
MEAT FREE	Aubergine Shawarma Flatbread (Ve)	Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa (V)	Moroccan Chickpea & Lemon Tagine with Couscous (ve)	Korean Sweet & Sour Vegetables with Steamed Rice (ve)	Cheese & Tomato Pizza & Chips (v)
	Baked Beans, Garlic Bread, Green Beans	Baked Beans, Fajita Roasted Sweetcorn & Peppers	Baked Beans, Broccoli	Baked Beans, Green Beans	Peas, Baked Beans,
HOT PUDS	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day





**WEEK THREE – AUTUMN WINTER**  
(Ve) vegan option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Omelette served with Catalan Sauce & Garlic Bread (v)	Chicken & Vegetable Enchilada with Warm Nachos	Penne Pasta Beef Bolognese Bake	Japanese Chicken & Edamame Curry with Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons (3) & Chips
Veggie Bolognese Pasta Bake (v)	Mexican Vegetable Tostada (ve)	Mediterranean Vegetable Lasagne (v)	Japanese Roasted Aubergine, Edamame & Sweet Potato Curry with Steamed Mixed Rice (ve)	Cheese & Tomato Pizza & Chips (V)
Baked Beans, Green Beans, Garlic Bread	Baked Beans, Sweetcorn, wedges	Baked Beans, Garlic Bread,	Baked Beans, Green Beans	Peas Baked Beans,
Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day	Pudding of the day

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins

