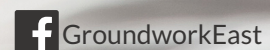


AGED 16 - 18 AND WANT TO UNLOCK YOUR POTENTIAL?

- ✓ Build confidence
- ✓ One-to-one support
- ✓ Join a team
- ✓ Meet new people
- ✓ Take social action
- ✓ One day a week



To unlock your potential, contact Angela Dallarís at Groundwork
T: 07702 532329 E: angela.dallarís@groundwork.org.uk



UP! UNLOCKS POTENTIAL AND:



- ✓ Gives one-to-one support - to help build confidence and improve well-being.
- ✓ Encourages teamwork - form a small team and take part in fun team building activities and work together to improve a community space.
- ✓ Achieve key goals - we'll help set goals and find a way to reach them.
- ✓ Looks towards the future - discussing options for further training, volunteering or part-time work.
- ✓ Supports 16 - 18 year olds* one day per week, for at least 12 weeks.